

# MAY 2010 DIABETES CLASSES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b>	<b>3</b>	<b>4</b> BASIC DIABETES CLASS #1 10-NOON	<b>5</b> BASIC DIABETES CLASS #1 3-5 PM	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b> BASIC DIABETES CLASS #2 10-NOON	<b>12</b> BASIC DIABETES CLASS #2 3-5 PM	<b>13</b>	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b> CLINIC IS MOVING	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b> MEAL PLANNING CLASS 10-NOON	<b>26</b>	<b>27</b> CARBOHYDRATE COUNTING CLASS 9-11 AM	<b>28</b>	<b>29</b>
<b>30</b>	<b>31</b> MEMORIAL DAY Holiday	<b>June 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

# JUNE 2010 DIABETES CLASSES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> BASIC DIABETES CLASS #1 10-NOON	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> BASIC DIABETES CLASS #2 10-NOON	<b>9</b> BASIC DIABETES CLASS #1 3-5 PM	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> BASIC DIABETES CLASS <u>#2 3-5 PM</u>  MEAL PLANNING CLASS 9-11 AM	<b>17</b> CARBOHYDRATE COUNTING CLASS 9-11 AM	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>

# JULY 2010 DIABETES CLASSES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b>	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> <b>BASIC</b> <b>DIABETES</b> <b>CLASS #1</b> <b>10-NOON</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> <b>BASIC</b> <b>DIABETES</b> <b>CLASS #2</b> <b>10-NOON</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> <b>BASIC</b> <b>DIABETES</b> <b>CLASS #1</b> <b>4-6 PM</b>	<b>22</b> <b>MEAL PLANNING</b> <b>CLASS</b> <b>10-NOON</b>	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> <b>BASIC</b> <b>DIABETES</b> <b>CLASS #2</b> <b>4-6 PM</b>	<b>29</b> <b>CARBOHYDRATE</b> <b>COUNTING</b> <b>CLASS</b> <b>10-NOON</b>	<b>30</b>	<b>31</b>

# AUGUST 2010 DIABETES CLASSES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b> BASIC DIABETES CLASS #1 10-NOON	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b> BASIC DIABETES CLASS #2 10-NOON	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> BASIC DIABETES CLASS #1 4-6 PM	<b>19</b> MEAL PLANNING CLASS 10-NOON	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> BASIC DIABETES CLASS #2 4-6 PM	<b>26</b> CARBOHYDRATE COUNTING CLASS 10-NOON	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b>				